



Sign up for important updates from Mr. Dutt and Ms. Spyksma.

Get information for Colleen and Gordie Howe Middle School right on your phone—not on handouts.

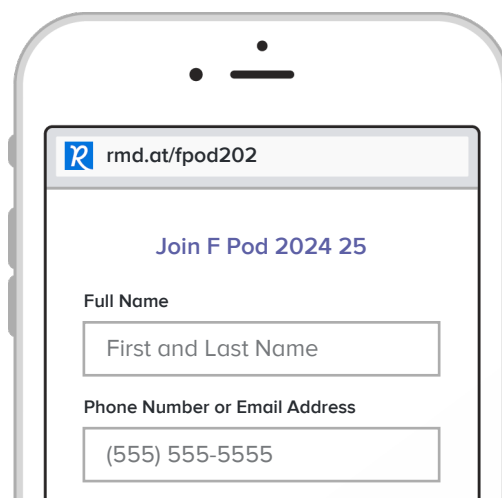
Pick a way to receive messages for F Pod 2024 25:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/fpod202

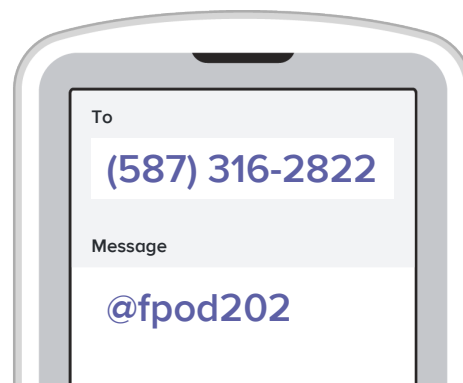
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@fpod202](https://t.me/fpod202) to the number (587) 316-2822.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/fpod202 on a desktop computer to sign up for email notifications.